

Universities of Kerala Welcomes the Four year UG in the Campus

As colleges in Kerala begin offering four-year degree programs, it is important to think about what this change means for students and the future of education in our state

This new four-year program is a significant change from traditional three-year degrees. The extra year gives students more time to dive deeper into their subjects, gain practical experience, and explore areas of interest through electives and internships. This longer tenure aims to make graduates more skilled and knowledgeable, which can be a huge advantage in today's competitive job market.

One of the main advantages of a four-year degree is that it matches international education standards. This means our degrees will be more recognized and respected around the world, helping students who want to study or work abroad. However, for this change to be successful, colleges need to ensure that the extra year is used effectively. This means not only extending the time spent in classrooms, but also offering meaningful learning experiences. It is important that colleges support students and faculty during this transition to get the most out of the new program.

Overall, the four-year degree program is a positive development that has the potential to raise the standard of education in Kerala. It is an exciting opportunity for students to gain more knowledge and prepare better for their future. As we move forward, it is critical that everyone involved works together to make this program as beneficial as possible.

Nasra College Introduces NSS Uniform to Foster Unity

Thirurkad - In an important move to strengthen unity and sense of collective identity among National Service Scheme (NSS) members, Nasra College has announced the launch of an official NSS uniform. Driven by the insights of NSS Coordinator Adib, the college is adopting uniforms for its NSS volunteers for the first time. Sinan and Hania, the appointed NSS leaders, will oversee the

smooth implementation of the new uniform policy. Their leadership is expected to play a crucial role in the successful launch of the uniform aimed at inspiring and motivating the NSS volunteers to work as a unified unit. This initiative marks a significant milestone for Nasra College and reflects the institution's ongoing commitment to fostering an environment of mutual support and collaboration.

Reading Day Celebration at Nasra College



Nasra College in Tirurkad celebrated Reading Day on June 19, 2024. The Department of English organized a News Reading Contest, which was judged by Najma Miss, Shakira Miss, and Rahana Miss from the English department. The programme was started at 11:50 am after the morning recess in room number 18 on the

first floor. The winners of the competition were Fidha Nasrin from 5th semester Sociology, who secured the first prize, Naznin from 3rd semester English, who secured the second prize, and Ishana from 3rd semester English, who secured the third prize. Sabira Miss, distributed prizes to the winners.

Anti-Ragging Awareness Cell on Track

Tirurkad :August 1, 2024* - Nasra College organized an anti-ragging awareness class from 9:30 am to 12:00 pm, led by the NSS union. The event, held in the college seminar hall, featured Aneesh Rajkumar, a police officer from Mankada Civil Services, as the chief guest. He addressed the severe consequences of ragging, both legally and emotionally, reinforcing the college's zero-toler-

ance policy. NSS Chief Coordinator Adib inaugurated the program, with Principal P. Zubair, Vice Principal Naseef, and other faculty members in attendance. Senior students symbolically signed a pledge to support a ragging-free campus. The event highlighted Nasra College's commitment to ensuring a safe and supportive educational environment.

COFFE Program Conducted at Nasra College, Calicut University

Tirurkad: The COFFE (Certificate of Fitness and Physical Exercise) program was successfully conducted at Nasra College, affiliated with Calicut University. The program, aimed at promoting physical activity and fitness among students, was well-received by the participants. "The COFFE program is a great initiative to encourage students to prioritize their physical health and wellness," Nasra College. "The COFFE program was conducted at Nasra College. Students who participated in the program earned 6 marks in the current semester- The program included various physical activities and exercises, promoting overall fitness .

Nasra College Celebrated World Environment Day as a Students' Initiative

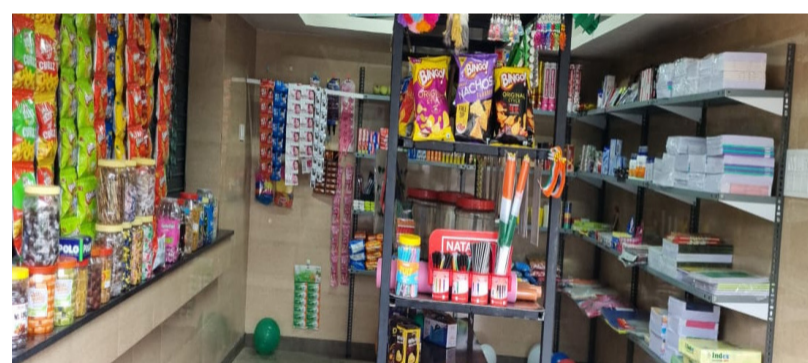


Tirurkad: On Environment Day, June 5, 2024 Nasra College of Arts & Science hosted celebrations organized by the Nature club in collaboration with the National Service Scheme (NSS) and Zinda College Union. The day's events highlighted the college's commitment environmental sustainability and community involvement.

The major highlight of the day was tree plantation drive held in college premises. The ceremony began at 10:30 AM with a symbolic planting of a Sapling by the Vice Principal(name),NSS coordinator Adib sir& Nature club coordinator Haq sir accompanied by other teachers and enthusiastic students. The event aimed to promote the importance of trees in combating climate change

and preserving biodiversity. Following the tree plantation, the focus shifted to intellectual engagement with an inter departmental quiz competition organized by the PG Department of Sociology. The quiz held at 2:00 PM in the college's Seminar hall featured questions related to environmental issues and sustainability practices. The competition saw enthusiastic participation from various departments, fostering a spirit of friendly competition and raising awareness about critical environmental concerns. The celebration was marked by a sense of collective responsibility and optimism for a greener future with students and faculty alike contributing to the cause of environmental preservation.

Nasra Collage Set to a Open a New Canteen in the Campus



Tirurkad: Students of Nasra College are eagerly anticipating the opening of their new canteen. This canteen were inaugurated on Monday 29 July 2024. The canteen, which promises to offer a range of exciting features as the college community welcomes the new academic year. The campus, which aims to nourish both the mind and body, will provide healthy, nutritious, and safe food

options at reasonable prices. As the most frequently visited spot on campus, the canteen will cater to the diverse national needs of students, offering a variety of meals that cater to different tastes. The new canteen is expected to become a hub of activity, providing students with a welcoming space to socialize and enjoy delicious food.

National yoga day celebration



CHIEF GUEST INAUGURATION



VINODKUMAR PT
MANKADA
NATIONAL YOGASANA
COACH of Yogasan Bharat



Dr. P. Zubair
(PRINCIPAL OF NASRA
COLLEGE)

Nasra College celebrated National Yoga Day from 2 pm to 4:30 pm, organized by the NSS Union and the Physical Education Department. Principal Dr. P. Zubair inaugurated the event, with NSS Chief Coordinator Adib emphasizing yoga's daily benefits.

National yogasana trainer Vinod Kumar, the chief guest, highlighted yoga's impact on physical and

mental health. The event included various yoga practices led by NSS volunteers and concluded with a vote of thanks from NSS Leader Haniya. The celebration reinforced the importance of yoga for overall well-being. The event concluded with a vote of thanks by NSS Leader Haniya, who thanked all the participants for their efforts

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